

Marriage on the Rock

The Four Basic Needs of a Woman

Lesson 5 Discussion/Homework Questions

□ Ephesians 5:25-27 Husbands, love your wives, just as Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.

1. Disciplines, Traditions, and Habits.

- a. Date Night. - An exercise that forces you to go to great lengths to please each other.
- b. Taking trips together. - Get alone together for an extended period of time. If you don't do this, you will fill your lives with people, children, business, and busyness.
- c. A daily time together. - This is a time when you can get together alone, talk, and stay connected.

With many things in competition for your time, how do you see accomplishing these in your marriage?

- ☑ Ephesians 5:25 "Husbands, love your wives, just as Christ loved the church and gave himself up for her..."
- ☑ Hebrews 13:5: Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you."

2. The Four Needs of a Woman.

- a. **Security** - A women's security is more based on the character of her husband than any other feature in her life, except for her relationship with Jesus.
 - 1. Communicate your commitment to her. - "I will never turn my heart away from you."
 - 2. Communicate your admiration and love to her. - Be thinking about her. A good way to do this is to pray for the things in her life, daily. It will force you to think about her and her struggles, desires. You are in her life to bring her to her full potential. Every woman is the reflection of her husband.
 - a. Be sincere. - Say good things and mean it.
 - b. Say something about every area of her life. (her physical body, her mind, her character, her cooking, etc.)
 - c. Never use sarcasm ("tearing of the flesh").

- d. Earn your words of correction. (Love, compliment, love, compliment, love, compliment, *correct*, love...)
- 3. Communicate your faithfulness.
 - a. Convince her that she is the most beautiful woman in the world to you.
- 4. Communicate your dedication to provide for her financially.
 - a. Pray for God's blessing and direction in the family.
 - b. Aggressively seek the best employment possible.
 - c. Be a diligent and faithful worker. She needs to know that you are honest
 - d. Be a wise money manager.
- b. **Soft, non-sexual affection.**
 - 1. Look for opportunities throughout the day to hug her, hold her hand, put your arm around her, and be physically close.
 - 2. Specifically ask what she desires in the area of affection and then do these things.
 - 3. The Holy Spirit will help you. Ask him for help.
- c. **Open and honest communication.**
 - 1. She needs a daily, detailed conversation on what is going on in your life and mind.
 - 2. No "silent" treatment. This gives satan a foothold in your marriage. There is no such thing as a strong, silent type, because true strength is displayed in the courage to open up, not in hiding thoughts and feelings in fear.
 - 3. She just wants to be a part of your life. Be affectionate and listen.
 - 4. If she has harmed you in some way, forgive her. Don't withdraw your heart from her.
- d. **Leadership in the marriage.**
 - 1. You are to be the righteous initiator of the well-being of the home, yourself being the last concern.
 - 2. She has a deep desire to be led by a caring, righteous man.
 - 3. Listen carefully to what your wife says. God may be speaking through her. Ask her advice and pray with her about major decision.
 - 4. Lead and direct your children (in prayer, discipline, etc.)
 - 5. Lead in the area of romance. Take the initiative - find a good movie, restaurant, and take her out.
 - 6. Lead financially.

7. Lead spiritually. Take the family to church. Decide to get the kids involved in Youth Groups, etc.
8. Children develop best in a male lead home (not a male dominated home). This is where Dad is the loving leader of the home and respects Mom has his equal.

Now, having learned this, give some practical examples of how you see communicating security to your spouse?

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Homework:

For Couples:

1. What kinds of soft, nonsexual affection can you begin adding to your relationship?
2. How can you achieve a greater sense of security in your marriage?
3. What principles from the **Ephesians 5:22-33** passage do you feel you are applying well in your marriage?
4. Which of the four needs of a woman may need to be addressed in your marriage?

For Wives:

1. In what ways is your husband doing a good job of making you feel secure and loved? What things could he do to make you feel more secure and loved?

2. How does your husband show servant leadership in your marriage? In what areas would you like to see him take on more leadership?

For Husbands:

1. In what ways do you feel you are doing a good job of providing for your family? What other things can you do to make your wife feel more secure?
2. In what ways have you met your wife's need for nonsexual affection? What types of soft, nonsexual affection are you willing to begin doing to express your love for your wife?